

# **Mental Health Challenge Prevention Focused Leadership workshop for East of England Elected Members**

**Red Lion, 42 Station Road (East), Whittlesford CB22 4NL**

**19 March 2019, 10.30 for 11am to 3pm**

## **Agenda**

**10:30** Arrivals

**11:00** Introductions and outline of the day – Andy Bell, Centre for Mental Health

**11:15** Why prevention matters: Talking from experience – Kevin James

**11:30** Promoting mental health in our local areas – group discussion

**11.45** The Prevention Concordat for Better Mental Health – Claire Parker, PHE

**12.15** The evidence for lifelong prevention – Andy Bell

**1.00** Lunch break

**1.30** Every Mind Matters campaign, - Claire Parker, PHE

**1.45** What makes a good JSNA? Andy Bell

**2:00** From ideas to action: what are our next steps, what support do we need and how will we know if it's making a difference? – Group discussion

**3:00** Close