#### Rachel Wright Born at the Right Time

- Director/Founder Born at the Right time
- Author of The Skies I'm Under and Shattered

The Skies

**Parenting Disabled** 

**Children Podcast** 

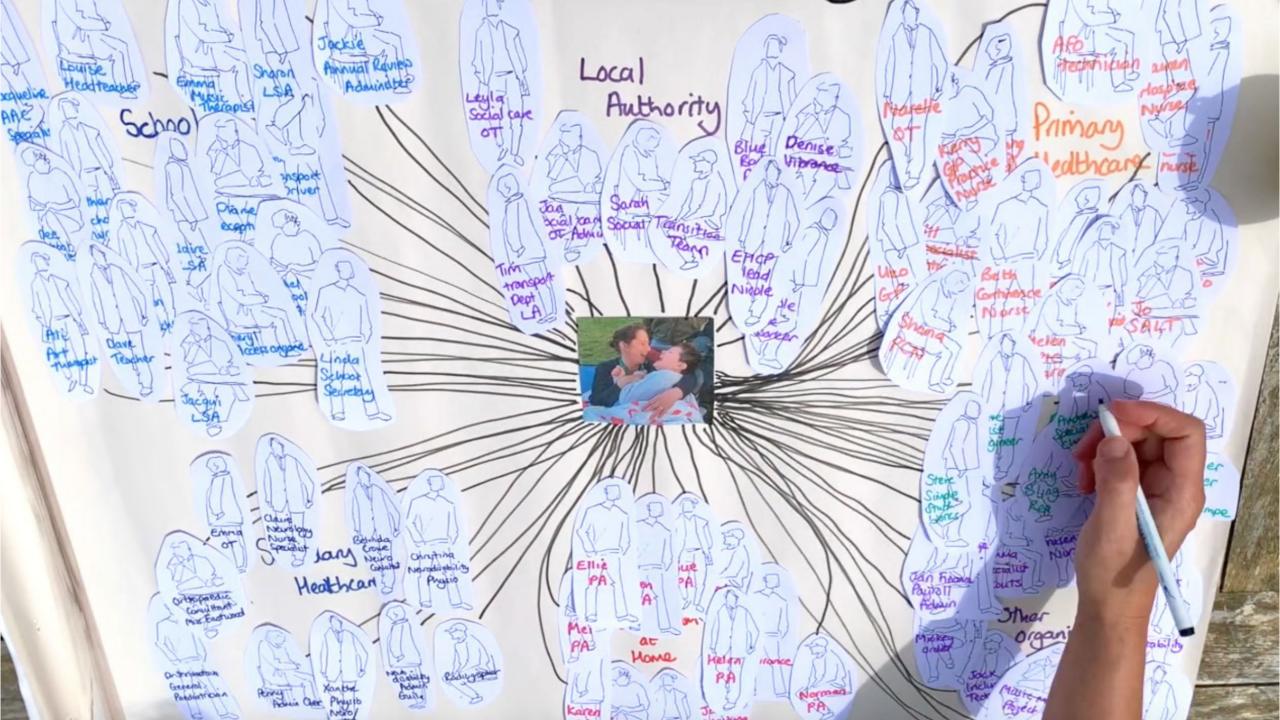
With Rachel Wr

We're

Under

- Winner Blogger making a difference 2018
- Finalist RCN Nursing Awards 2020
- Finalist National Learning disability and Autism Awards 2022
- Host of The Skies We're Under podcast

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**I I** 

Like a frantic and incoherent supermarket sweep, I gather instructions from numerous practitioners until dazed and bewildered.

I stand knowing I don't have the time, energy or capacity to pay for all my duties as a Parent Carer.



Rachel Wright

#### **|** |

We were part of a game of pass the parcel but unfortunately the music never stopped.

No-one was sure about the collective part they played and they most certainly underestimated the impact of their contribution to the bigger picture, 'William's life!'

Shavon Goddard



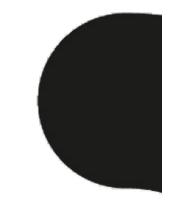


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The difference between being someone people work with versus an item on a to-do list is profound Fachd W







## Bridging the Gap

2005 Eldest son 2007 Son 2 2015 Son 3 2015 The Skies I'm Under **Born at the Right Time Launched 20**21 Peer Leadership Program

### What the Peer Leadership offered

- 1. Information and insights
- 2. Good connections and growing network
- 3. Learned from the trainers and fellow delegates
- 4. Worked with my capacity
- 5. Micro and Macro ways I can make a difference

### What is Born at the Right Time?

Born at the Right Time's vision is to create a world where families of people with complex disabilities are valued and supported to thrive in a community where they belong.

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