

Unpaid Carers

A strategy and offer fit for purpose

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*When people tell me
they've learned from
experience, I tell them the
trick is to learn from other
people's experience*

Warren Buffet

Focus for this session

- Previous strategy limited in commitments to carers
- A more ambitious systemic offer for carers
- Co-designed and produced with and for them
- May 2022 Published new all age carers strategy
- Set out 6 clear commitments to carers
- June 2022 Programme delivery commenced
- Early help at the heart of the work
- Aims at getting best for carers of all ages



Making the difference every day

Our six commitments to carers

600+ carers
Focus groups,
interviews, surveys, workshops,
panels

1



Carers can easily access the information, advice, guidance and support when they need it and early into their caring role.

4



Carers will have increased opportunity to access good quality support, including opportunities for breaks, to maintain their own wellbeing and those they care for.

2



Develop professional practice and processes to improve identification and support to carers.

5



Carers' needs and rights will be understood and recognised across Essex communities.

3



Improve transitions for carers as they move through specific phases or life events in their caring role.

6



Carers will be the experts that influence, shape and be involved in the decisions that are intended to improve their support and wellbeing.

Making the difference every day

A cohesive offer for Carers

Codesign and
production,
Tender questions,
evaluation and
appointment of
providers

Essex Wellbeing Service

A Central Point of Contact

Proactive outreach, advice, guidance and triage

Essex Carers Core Offer of Support

Practical Support
Information,
Advice
Guidance

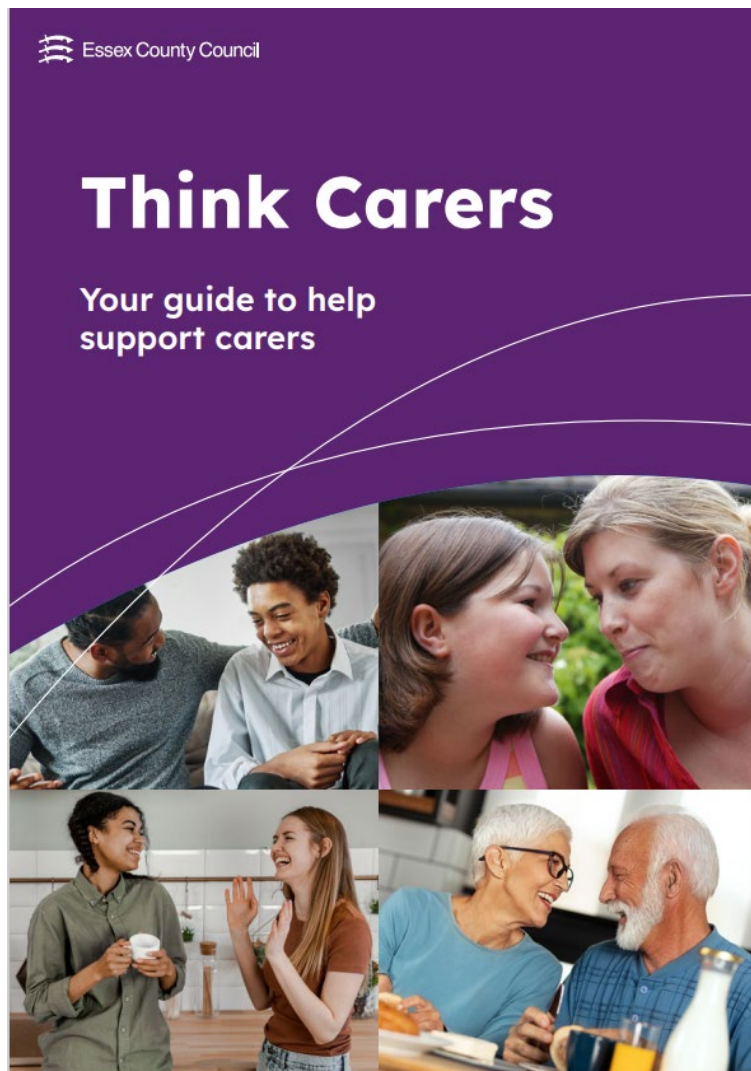
**Brief Solution
Focussed Support**
Emotional
wellbeing
interventions

**Peer Support
Groups**
Based on needs
and interests

Access to wellbeing grants and short breaks

Making the difference every day

Improving identification of carers



Making the difference every day

Unpaid Carers Community Fund



The Carers Community Fund
is a new £1.75 million grant programme that will support new local projects for carers of all ages in Essex.

The fund opens on 28 November 2023 and organisations will be able to apply for grants of between £1,000 and £30,000 for their local project. Length of project will be proposed by the organisations, but the maximum length will be three years.

The purpose of the fund is to build localised community-based support to carers of all ages, and to achieve this there will be five local panels, North East, Mid, West, South West, South East each with an allocated sum to award.

For more information on the Carers Community Fund please visit www.essex.gov.uk and search 'Carers Community Fund' or scan the QR code or email essex.carers@essex.gov.uk

Panels invite applications that demonstrate added value and/or innovation and an inclusive approach to providing for carers in their communities.



In partnership with

Integration and Better Care Fund



Essex County Council



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Carers voices developing authentic representation



Carers
developing a
learning &
training offer

Adult Social
Care process &
Practice

Short
Breaks
Offer

Young Carers'
transition
assessment
and support

Parent Carers
assessment
and support

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Carers voices, continuing developments

- ✓ Experts by experience
- ✓ Direct two-way communication
- ✓ Able to raise things that matter
- ✓ Able to engage on things that matter to them
- ✓ Be part of codesign and production opportunities
- ✓ Be integral to decision making
- ✓ Representative all groups of carers
- ✓ Complement existing representative groups

Essex
Family
Forum

Essex
Carers
Network

Involvement team

3 x FTE officers
with lived
experience,
hosted by Health
Watch

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