

Driving better health outcomes through integrated care systems: The role of district councils

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How district council services can support the health and care system



Targeted leisure services and support to help manage long-term conditions, reduce health inequalities and tackle obesity



Initiatives to improve mental health and wellbeing, including groups to address social isolation and support recovery



Food and fuel poverty alleviation schemes, and support to improve personal financial wellbeing



Home adaptations to assist hospital discharge and support people to age well

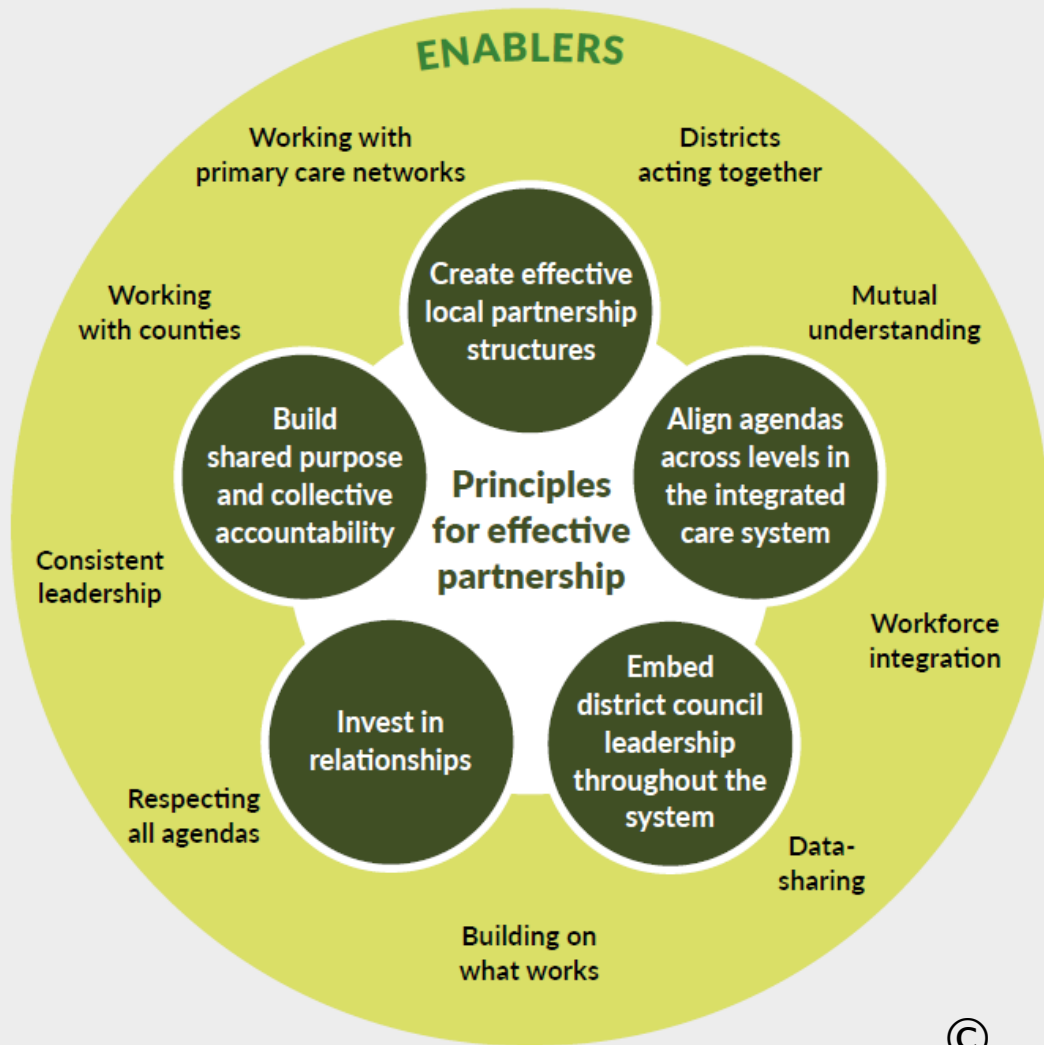


Creating high-quality homes, green spaces and infrastructure to support active, healthy lifestyles



Safeguarding environmental health by ensuring air quality, food and workplace safety and tackling pollution

Principles for success



Recommendations

Health leaders	District leaders
Create space for districts to lead	Be your own advocate
Share accountability	Identify shared priorities
Use districts for place-based pilots	Invest in relationships
Bring data together	
Invest in relationships	