

East of England Carers Event

6 December 2022, 09:50 - 14:35

Virtual via Microsoft Teams

AGENDA

Time	Session
09:50	Arrival and registration
10:00	Welcome and introductions Simon Stockton and Ali Smith, Event Facilitators
10:15	Camerodos – Connections with purpose and meaning Maff Potts, Founder of the Camerados Movement
11:15	What we said and what we did, including a video on language matters to Carers Patrick Warren-Higgs, Chairman of the East of England Carers Network
11:30	Keynote speakers: Connecting through Community Circles Cath Barton, Development and Operations Lead and Kath Crowther, Community Circles
12.15	Lunch (please stay on the Teams call and switch off your camera and mute your microphone)
12.45	What I've learnt as a Carer Jo Hough, Co-Director, Inclusion East CIC
13:05	Workshops On the day you will have the opportunity to join one of the workshops below <ul style="list-style-type: none"> • Workshop 1: Improving the Lives of Carers in Essex Rebecca Smith, Commissioning Manager, Children & Families Commissioning, Essex County Council • Workshop 2: Co-producing Suffolk's All Age Carers Strategy Robert Forder, Carers Development Manager, Suffolk County Council • Workshop 3: Mobilise - Reaching Out to Carers and Harnessing Online Connections Lorna Corbin, Commissioning Officer, Central Bedfordshire Council and Dom Taylor, Head of Partnerships, Mobilise • Workshop 4: Working Together for Change – Using the Voice of People in Developing the Gateway to Social Care Jenny Andrews, Business Improvement Manager and Nadine Lazzarotti, Hertfordshire County Council • Workshop 5: Supporting Carers Who Are Feeling Overwhelmed Cath Pickles, CEO and Founder, Restitute

13:50	Comfort break
13:55	The Big Wind Down Live Mindfulness session with New York Times Best Selling Author Nate Klemp
14:25	Reflection and close Patrick Warren-Higgs, Chairman of the East of England Carers Network
14:35	Close for the day